

# MESSAGE LIKE AN ANGEL

Enable your team to learn how to give their partners or housemates great massages like an Angel, and they will thank you!

**Angels Guide 2 Massage** will be training you and your team to "massage like an Angel".

Learn the techniques 3 Minute Angels have used for 18 years to make millions of people feel "Divine".

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**It's a one off 3 hr interactive message session which includes instructions on:**

- Techniques and postures.
- Muscles to target with those techniques.
- Process for targeting the major tension holding areas.
- Immediate feedback and coaching to advance your skills quickly.
- Reciprocal massage – giving and receiving.
- Handy booklet ("The Little Black Book Of Massage") for reference.
- Testing and post-course check-in / fine-tuning.

**What you'll need:**

- 2 people in the same space;
- 2 x comfy chairs for you to sit in when doing the theory parts;
- 1 low-back chair or stool to use when doing the practical bit;
- Reliable internet;
- Zoom software;
- No injuries. It should go without saying but if you have a medical condition, this massage training isn't about fixing it

## Pricing

1 Angel trainer per 3 hr session = \$100 + GST allows 3 connected devices (minimum of 3); People with no one to massage, or to massage them can still attend and learn.

## Fine Print

Payment is required 24-hours before the preferred session date.

110% Satisfaction Guarantee (if you are unhappy for any reason, get in touch for a refund)

You can check our Full Terms and Conditions here:

<https://www.3minuteangels.com/terms-conditions/>

## CONTACT US:

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