

VIRTUAL HALO

Book your team a feel good call

Question: How do you deal with Work-From-Home Stress?
Answer: The Virtual Halo

The Problem We Solve: There's no one for work-from-home staff to speak with who just wants to make them feel better until things get REALLY BAD. We want to stop things ever getting to that point by facilitating a mood-shift in profound and genuine ways.

How Can We Change Moods So Quickly?

There's a method to each interaction:

- It starts with asking "How do you feel?"
- There's breathing exercises that resolve the stress response and allow the person to be present;
- Very specific questions are asked around gratitude and giving;
- Some exercises are done that build resilience;
- There's movement;
- It concludes with asking "How do you feel now?"

Pricing

- The Virtual Halos are provided at \$80/hr +GST (10% less than the Halo Massage).
- An Angel will provide up to 5 x interactions per hour;
- Exact sessions per hour may vary depending on unforeseen technology issues and / or changes due to individual sessions going over time (if an individual requires some extra TLC);
- In the event that you're unhappy with the quality or volume of service, please take advantage of our guarantees.

All bookings are subject to Terms and Conditions, as well as guarantees.

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